

No. C-ADM/Post\_Aware/Circular/2023-24/ 93

Dt.: 29 /03/2023

**CIRCULAR**

**Subject: Seminar on Postural Awareness - Mantra for Happiness and Wellbeing.**

The University is organizing a Seminar on Postural Awareness for all the teaching, non-teaching staff and students on 03<sup>rd</sup> April, 2023 from 12:30 PM onwards at Upper Auditorium of the Gandhinagar Campus. The aim of the workshop is to educate on postural awareness for health and pain free life.

The Seminar is to be conducted by Dr. Dipen Patel, Doctorpreneur, Founder & CEO, Aalayam Rehab Care, Ahmedabad, Gujarat, who has setup a breakthrough technology which can be an effective solution for addressing and treating any kind of Joint Muscle pain in working officials/patients.

It will be an interactive seminar with ample opportunities for participants to engage in discussion with the expert. We encourage all the teaching, non-teaching staff members and students to participate in this Seminar and gain valuable insights into Postural Awareness.

All are requested to make it convenient to remain present in Upper Auditorium before the session starts at 12:30 PM on 03<sup>rd</sup> April, 2023.



**Joint Registrar  
NFSU, Gandhinagar**

To:

All Staff Members of the University (Through E-mail)

Copy to:

1. Executive Registrar, NFSU, Gandhinagar
2. Campus Director, Gandhinagar Campus, NFSU

c.f.w.c to:

PS to Hon'ble Vice Chancellor, NFSU for kind information please